

CRAIGIE HEIGHTS

PRIMARY

INDEPENDENT PUBLIC SCHOOL

SCHOOL VISION:

To inspire every student to achieve their personal best through learning, living and playing in harmony.

EXPECTED BEHAVIOURS:

★ Be Responsible ★ Be Safe ★ Be an Achiever ★ Be Respectful



DEAR PARENTS/CARERS:

New Role

Hopefully by now you have heard Jen Graffin's wonderful news that she has been selected as a Director, Public Schools Review. We are all very proud of her and wish her all the best for this amazing opportunity. Last week she started her training course and will most likely be heading out to schools across the state very soon. I will be filling the role of Principal until the end of term. During this time, we welcome Amy Page back from her stint at the Leadership Institute to a Deputy role, along with Carissa Carroll. I will keep you informed regarding the structure of the Executive Leadership Team for Term 4.

Room 6 and 8 Assembly

Last week we were entertained by Room 6 and 8s rendition of 'On the Ning Nang Nong'. A fun, silly poem that was accompanied by various musical instruments. The Year 2/3s looked gorgeous in their tree, cow, mice and monkey costumes and they each spoke their parts so fluently and with expression. I am always impressed how well students speak at assembly; I believe the practice that they do builds confidence. Thank you Mrs Pope and Miss Leach for bringing us such a delightful assembly. The Drum Beat group also performed, lead by Mrs Massey along with Mrs Collins. You have to watch very carefully to see the subtle changes the group makes to switch the beat. Very impressive!

School Board

We are looking for some new parent and community members to join the School Board. Please see page 6 of this newsletter for an outline of the Board's role in the governance structure of the school. If you would like more information, please come and have a chat. The next School Board meeting is an open meeting, which means we welcome everyone to come along to see what we do. This will be on Wednesday 28th October from 2.45pm in the Conference Room.

R U OK?

2020 has been a challenging year for all of us and circumstances have made it even more important to stay connected. R U OK? Day last week was a good reminder that we may find ourselves having to support the people around us including our spouses, our kids, their teachers. In fact, every day is day to ask, "Are you OK?" if someone in your world is struggling with life's ups and downs. Staff acknowledged this important concept on Thursday with a lovely morning tea. We are always mindful of the whole child: we value their physical, social, emotional and academic development. Our PATHS program teaches students about emotional literacy, self-control, positive relationships and interpersonal problem solving skills. The key objective of the program is to reduce behavioural and emotional problems.

School Watch

Unfortunately, over the last few weeks we have had some unwelcome visitors to our school after hours and on the weekends. We have been lucky up to now that most incidents are minor disruptions, but we would like the community to help us be proactive to ensure we keep our school protected, especially with the school holidays approaching. We would really appreciate that any sightings of suspicious behaviour be reported to School Watch (Tel: 1800 177 777) or the Police (Tel: 13 14 44). We have contacted them and they have promised to increase patrols of the area. Let's work together to look after our school. Thank you!

Amanda Robinson—Principal

**Newsletter
Term 3**

**Wednesday
16th September 2020**

Friday 18th September
Interschool Athletics
Carnival at CHPS

Monday 21st September
Shoe Boxes Due

Thursday 24th Sept
Assembly
Rooms 13 & 14

**Friday 25th September
Last Day of Term 3**

**Monday 12th October
Term 4 Begins**

19th-21st October
Year 6 Camp

Thursday 22nd October
Assembly—Room 3

**Friday 23rd October
Staff Development Day
No pupils to attend**

28th October
Open School Board
Meeting at 2.45pm

Friday 30th October
P&C Lap-a-Thon

Please report suspicious behaviour on the
weekends or during school holidays!
Please Call:

1800 177 777 or 131 444



Telephone Number: 08 6206 2200 SMS Absentee - 0417 995 416
Email: Craigieheights.ps@education.wa.edu.au

The School Office is open 7.45am-3.30pm, Monday to Friday during the school term

Craigie Heights Dental
Clinic -Tel: 9401 3731

SCHOOL NEWS

CONNECT

We are now using Connect as our main communication method with parents. You should have received an email with your P number and a link to get into Connect. If you are having any difficulty with this process please contact Carissa Carroll.

Carissa.Carroll@education.wa.edu.au Tel: 6206 2200



SCHOOL PAYMENTS

Thank you to the many parents and carers who have already paid Voluntary Contributions for 2020. So far we have received 49.2%. Your contribution is greatly appreciated and is directed towards the learning environment of your children. For your convenience, we have several methods for payments to be made to the school. These are outlined in the article below. Thank you for your support.

PAYMENT OPTIONS

The Qkr! App enables you to complete and sign a combined permission and health form, and to make a secure payment using a smart phone or tablet using a credit/debit card. The App is available 24/7 and removes the need to return forms or cash to the school.

In addition, a new flexible 'Product' has been added to the Qkr! App that allows you to make payment for past activities or odd amounts. You choose the amount to pay and add a comment to identify the payment. This enables you to adjust a payment to take into account money already paid to the school and held as 'unallocated credit'. No signature is required for this product, which is named 'Overdue Payments – Previous Years'.

Instructions on how to download the App are available here: [Qkr! App](#)

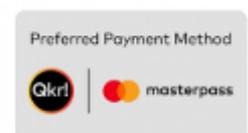
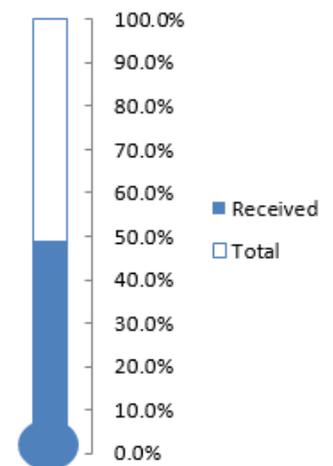
EFTPOS is available at the front office, however it is preferable to use Qkr! or direct deposit to:

Internet Banking (returning forms to front office):

Payee: Craigie Heights Primary School

BSB: 066 040 **Account:** 1990 2511

Reference: Child's Name/s and Year or Room # and brief description

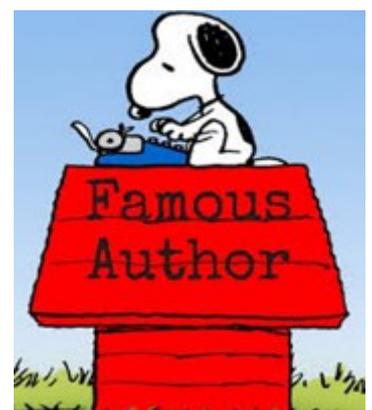


A receipt will only be issued for payments over \$50 unless requested. If required, you can contact the Manager Corporate Services at: Craigieheights.PS@education.wa.edu.au

RECOMMENDED AUTOR—TERM 3

The Recommended Authors for Term 3 are:

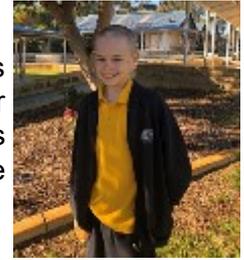
Room 2	Bailey & Mateja	Room 8	Abby & Claire
Room 3	James & Leon	Room 10	Jack
Room 4	Liam & Lilac	Room 12	Crystal & Jacob
Room 5	Jazmine	Room 13	Phoebe
Room 6	Flynn & Evelyn	Room 14	Zavier & Jayden
Room 7	Isaella & Luke		



DEPUTY PRINCIPALS REPORT

SELFLESS ACT

Erica recently shaved her head in recognition of all those who are battling cancer. This is a very selfless act that makes me very proud of Erica. Supporting a family member with cancer can be a very challenging and confronting time for everyone. It is important to laugh together but also allow for sadness. Thank you Erica for your noble gesture!



NAPLAN REVIEW

As you know, there was no NAPLAN testing this year due to COVID. A NAPLAN review was commissioned by ACARA to determine how well NAPLAN meets its objectives, compare it to those standardised assessments used in other countries and identify improvements. Some of the recommendations are:

- Taken by Years 3, 5, 7 and 10 students
- Tests be administered earlier in the year to provide formative measures of students' starting points
- Writing – richer prompts, remove restriction on genre, spelling/punctuation and grammar not stand alone assessments
- Scope of the standardised testing beyond literacy and numeracy
- All assessments online to expedite results
- Change My Schools from comparing student achievement to focusing on student growth compared with other students at the same starting point
- Rename/rebrand

CONGRATULATIONS DAVID!

Congratulations to a past Craigie Heights student, David Okwera, for gaining entry to the Centre of Excellence basketball program at the Australian Institute of Sport (Canberra). The CoE program houses the top basketball prospects from around the country, where athletes at the AIS live and attend daily training together in a high-performance setting under the leadership and support of elite coaches. We wish David well and hope to see him playing with the Wildcats one day!



FACTION FUNDRAISER

Week 10, Friday 25th September, is our 'pay it forward' faction reward.

Student leaders from Yongah, Kwilena & Kaarda have chosen charities to raise money for.

Yongah – RSPCA

Kwilena – Beyond Blue

Kaarda – The Cancer Council

Students are asked to bring in a gold coin donation and in return can wear their faction colours for the day. Please ensure students wear suitable school attire and closed in shoes.



1. Ask



2. Listen



3. Encourage
action



4. Check in

Be Safe
Be Responsible
Be Respectful
Be An Achiever



Our PBS and PATHs focus for Week 9 and 10 is our Sports Equipment Procedure and Understanding and Recognising our Emotions

► Here is how Craigie Heights students can make sure they are following our Sports Equipment Procedure:

- We return equipment on the first siren.
- We share with students and include them in our games.
- We respect Miss Bonzas' area.

Now here are some ways Craigie Heights students can recognise and understand their emotions:

- We take three deep breaths when we feel upset or angry.
- We find a quiet place to calm down.
- We are kind to ourselves and think of lots of solutions to solve our problem.



HONOUR CERTIFICATE WINNERS— WEEK 8 TERM 3

Congratulations to the following students who received Honour Certificates last week for Being Respectful, Being Responsible, Being Safe or Being Achievers:

PP to Year 3: Joshua, Lee, Ryan, Melanie, Joe, Liam, Sophie, Asheia, Bryli, Evelyn, Xaiden, Alextandra, Isabella, Georgia, Layla

Year 3 to Year 6: Mitchell, Nash, Ashton, Mia, Dashlen, Kobi, Benjamin, Pascale, Te-Relli, Wesley, Jackson, Oscar

Noongar Corner

Kaya Families and Koolangakas (children)!

Words of the Week:

Week 3 - nyinyarn (echidna) Week 4 - kara (spider)

Learning in our Classrooms—Room 1 Showcase

The educators across our school strive hard to embed Noongar language, culture and history into their lessons. This process importantly starts with our youngest students. Room 1 have recently written their own Acknowledgment of Country and have built on the Word of the Week, extending this to learning about the ocean and ocean animals. There are a few more words below that you might like to learn.



Kep—water

Maambakoort—ocean

Ngobar—seashore

Koril—shell

Ngarkal—seagull

Djildjit—fish

Bamba—stingray

Karil—crab

Manyina—seal

Maamoong—whal

Kwilena—dolphin

Kwila—shark

"The children in Room One have loved learning the Noongar Words of the Week and this interest has grown as we learn more about Noongar culture. Discussions about how Aboriginal and Torres Strait Islander people are connected to the land have extended into conversations about ways that we can care for our world and respect different cultures, which is so important to learn from a young age."

Miss Benzie

Where does the school council/board fit in the governance structure of the school?

The role is directed via legislated functions

Promote...

- The school in the community



Take part in...

- Business/strategic planning
- Reviewing policy
- Selection of principal
- School review processes
- Code of conduct for students



Provide advice...

- Special religious education

Determine...

- Student dress code in consultation with students, parents, staff



Approve...

- Contributions and charges
- Sponsorship arrangements

Linking Schools and Communities



PHYSICAL EDUCATION— PERTH WILDCATS

Room 10 was extremely lucky to take part in a Physical Education lesson that was hosted by two Perth Wildcats players Bryce Cotton and Mitch Norton. The players inspired, challenged and shared their expertise. The CHPS picked up tips for dribbling, shooting, 1v1 tactics and teamwork. It was great to see all students with huge grins on their faces and creating memories that will last a lifetime.



PHYSICAL EDUCATION—FACTION CARIVAL



Congratulations to:

Kaarda for winning the 2020 Faction Carnival
Kwilena for winning the inaugural Sportsmanship Award



The Faction Carnival on Friday 4th September was definitely one to remember. The sun shone brightly as did the stars on the running track in their sprints, relays and throughout the team games and novelty events. Impressive performances, participation and sportsmanship was on display from everyone in our three factions. A massive thank you to all the families that attended and the students thoroughly enjoyed having lunch with their families and knowing you were there to support and cheer them on. To our amazing educators, they showed us their dance moves and set a fabulously positive tone for the event. Thank you for giving up your time to set up, pack up and contribute to the wonderful carnival.

Congratulations to the following students for their achievement of being Runner-Up or Champion Girl/Boy for the Year Group.

Year	Girls or Boys	Runner Up	Faction	Champion	Faction
1	Girls	Nika	Kwilena	Emily	Kaarda
1	Boys	Caedon	Kaarda	Fletcher	Kaarda
2	Girls	Layla	Kwilena	Evelyn	Yongah
2	Boys	Maton	Kaarda	Parker	Yongah
3	Girls	Niki	Yongah	Alexandra	Kwilena
3	Boys	Ethan	Kwilena	Connor	Kwilena
4	Girls	Freya	Kaarda	Isla	Kwilena
4	Boys	David	Yongah	Joshua	Kaarda
5	Girls	Lily	Kwilena	Kasie	Kaarda
5	Boys	Luca	Kwilena	Brodie	Yongah
6	Girls	Milly	Yongah	Ella	Kwilena
6	Boys	Wyatt	Kwilena	Max	Kaarda

Physical Education – Interschool Athletics Carnival

Craigie Heights PS is honoured and excited to be hosting the Interschool Athletics Carnival in 2020 and 2021. This year Craigie Heights PS, Beldon PS, Eddystone PS, Heathridge PS, Poseidon PS and we welcome a new school to East Oceanside cluster, Springfield PS. On Tuesday the jumps and throws took place. Congratulations to all our students that participated and those that placed and won a ribbon. On Friday, the Interschool Athletics Carnival will be held on our oval. We wish all our students the very best of luck and know that all your hard work in training at recess, lunch and during our afternoon sessions will place you in a great position to do well. We also hope you have fun and enjoy the experience We are very proud of you all. A massive thank you to all our staff and parents that have helped with Jumps and Throws and will assist on Friday!!!

Attached to the newsletter is a program for the day and important information regarding Covid 19 restrictions for our parents that will be attending to support and cheer.

FACTION CARNIVAL Continued...



Pictured above are the Champions and Runners-Up for Years 1-6. Congratulations.





Craigie Heights Primary

the fathering project

Garden Club

Busy-Bee

Calling all fathers and father figures
(Dads, Grandads, Step-Dads, Uncles etc.)

Friday, Sep. 18th

After School

**We need champion Dad's and father figures
to assist our Garden club in preparing garden
beds for our next batch of planting.**

The poster features a blue background with green vines at the top, a bee on the left, and a large yellow sunflower on the right. The text is in various colors and fonts, including white, yellow, and black.

HARMONY AWARD WINNERS—WEEK 8 TERM 3

Congratulations to the following students:

Scarlett from Year PP Room 3

James from Year PP Room 3



CHAPLAIN'S CHAMPION

When it comes to friendship and support, Jonathan is someone you want by your side. He is always thoughtful and considerate towards others. He has so many fabulous qualities that make him a great Chaplain's Champion. His kind, genuine and sensitive approach towards his peers make him a fabulous friend that everyone can rely on. Jonathan respectfully and actively listens to others and supports them when needed. They trust him, he accepts his peers for who they are and this makes them feel comfortable. He has a great sense of humour and enjoys sharing a joke with others. Jonathan's friendly and caring nature is appreciated by everyone. In the classroom, Jonathan is determined to produce work of the highest standard. He uses his vivid imagination to create wonderful pieces of writing and interesting art works. Keep up the great work!



OPERATION CHRISTMAS CHILD 2020—SHOEBOXES

It's shoebox time! Craigie Heights' staff, students, parents and friends are invited if you are able, to participate in packing a shoebox for needy children overseas again this year. This is a **voluntary** but extremely worthwhile project. Some families in our school are experiencing tougher times. You may not be able to complete a box as a family but perhaps you could donate an item to the class box. Free empty OCC shoeboxes are available from Mrs Taylor in Room 5.

Shoeboxes must contain something to **love** (e.g. teddy, doll), **wear** (e.g. t-shirt, dress, undies, hat), **play** with (ball, marbles), personal **hygiene** (e.g. brush, flannel, soap, toothbrush), something for **school** (HB pencils, coloured pencils, sharpener, pad) and something **special** (bangles, sunglasses, hair clips). More information will be sent home later. No second hand items are allowed. Sample boxes will be shown to your child's class. Postage is \$10 per box in order for the shoebox to reach its destination in time for Christmas. Boxes are due back at school by **Monday 21st September**. Have fun! Please see Mrs Taylor if you have any questions.



AUSTRALIAN FOOTBALL INTERSTATE TRIALS

Due to the COVID-19 pandemic all national championships in 2020 were cancelled. While this is still the case School Sport WA has given permission for the State Schoolboys AFL 12 Years & Under officials to go ahead to run a trial process to select a team in name only. The young men selected will be given the opportunity to participate in a number of training sessions and play a scratch match against or 2021 team. We are the only sport that is taking up this opportunity.

Our trials start during the second week of the upcoming school holidays. Boys must be turning 12 years or under during 2020 to be eligible to trial for our team.

Use the below link to go straight to the nomination page -

<https://www.schoolsportwa.com.au/product/afl-boys-12s-interstate-nomination-form/>



NUMERO CLUB

NUMERO[®]

CRAIGIE HEIGHTS NUMERO CLUB

Every TUESDAY

@ 8.15am

in Room 7



Everyone Welcome!

MATHS CORNER

+ - X %

MATHS CORNER
ART AND MATHS

Art and Mathematics have a lot in common with each other. In fact you can see Maths in art and art in Maths! Patterns, shapes, geometry, symmetry, spatial reasoning, proportional reasoning, etc... are all a part of the arts (visual art, music and dance), as they are of mathematics.

Some of what you see your child doing in school in the arts, is also an engagement with Mathematical ideas at the same time! By blending mathematics and the arts, students learn in ways that are intellectual, emotional and physical. Children learn in many different ways, and research tells us that participating in the arts is one way that is very engaging for all of us.

A child stringing beads in a pattern on a string or creating a patterned bracelet is creating an understanding of patterning, although to them it may look simply like a pleasing design. Symmetry can be seen in the symmetrical features of a butterfly or in a design when building. Children may notice patterns in wallpaper, tile tessellations on the floor or on a phone cover, rhythmic beats or repeated choreography in music videos or chords in a popular song. Maths is EVERYWHERE!!



SCHOOL PHOTOGRAPHS

We are currently experiencing a delay in our usual turnaround time for the delivery of photographs. This has never been the case at Kapture and is due only to COVID -19 this year. Our normal turnaround time is 3-4 weeks however we are currently operating at approximately 5-6 weeks (not including school holiday periods).



Unfortunately our forced closure and our reduced team upon eventual return has put us behind schedule, however we have new team members on board, all 'old' hands are back on deck – and we anticipate returning to our regular turnaround time by the end of Term 3.

We sincerely thank you for your understanding at this time. Warm regards from us all at Kapture!

School Parking

School Road Safety Awareness



Expected behaviours when parking

Do

- ★ Obey all street signs
- ★ Be courteous
- ★ Ask for permission to park on someone's verge
- ★ Park further away and walk
- ★ Leave car at home if possible

Do not

- ★ Park in the Kiss & Drive (stay in your car)
- ★ Block driveways
- ★ Park/stop on footpaths
- ★ Park/stop on verges without permission
- ★ Park/stop within 10m of an intersection
- ★ Park facing against the flow of traffic
- ★ Double park

Expected behaviours of school drivers

- ★ Always be aware of children and their unpredictable movements.
- ★ Adhere, at all times, to the 40km per hour speed limit around the school.
- ★ Parents/carers are not permitted to enter the staff carpark unless they are visiting the dentist or have a current ACROD sticker.
- ★ U turns on Spinaway Street are very dangerous. As you leave the Kiss & Drive area, continue up Spinaway Street.
- ★ Allow enough time to get your child to and from school safely.
- ★ Try to use nearby parking facilities such as the church car park or parks, then walk a short distance to school.
- ★ Plan your trip so you arrive on the school side of the road.

Parking Availability

- ★ Carpark outside the Early Childhood Area
- ★ Along the oval on Spinaway Street (designated bays)
- ★ Craigie Baptist Church (please be respectful)



Parking on Verges

Consent must be obtained from the owner or occupier of land (or property) before a person may drive, park, or stand a vehicle on the road verge adjacent to that land. If consent has not been provided by the owners or occupier, they may report details of the offending vehicle to the City of Joondalup Rangers.



Kiss & Drive

Kiss & Drive zones allow parents/carers to pick up and drop off children close to the main school entrance. These areas are not to be used for parking. Children are to exit their cars on the kerb side. The Kiss & Drive zones enable the traffic to flow smoothly.



Parking Problems

The City of Joondalup's Ranger Service are more than happy to help with any parking and safety concerns.

For advice or help please contact the City Rangers on 1300 655 860.



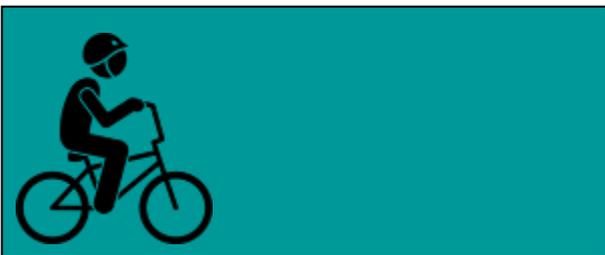
Craigie Heights PS

47 Spinaway Street

Craigie WA 6025

(08) 6206 2200

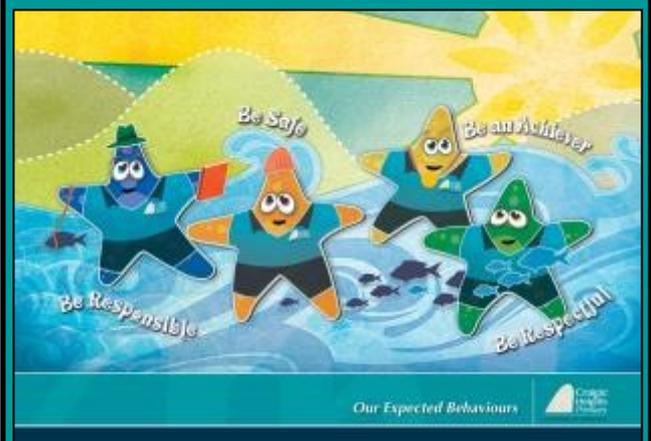
craigieheights.ps@education.wa.edu.au



Bike Safety

It is fantastic that so many of our families choose to walk or ride their bike/scooter to school. Although the bike racks are locked during the day, there are periods of time when they are open. We strongly advise families to add to the security by using a lock to secure their bikes and scooters to the railings. Students need to walk their bicycles and scooters onto and off the school grounds. This is for the safety of both the pedestrians and the bicycle/scooter users.

It is vital that students wear a helmet. One of our expected behaviours at Craigie Heights is to wear a helmet when on a bike/scooter.



P&C NEWS:

We would like to thank all our amazing volunteers who give up their time to help with all the fundraising activities we run at Craigie Heights. "One of the greatest gifts you can give is your time". We really appreciate it. A big shout out goes to:

- Aizhan for her help coordinating the Father's Day stall, we raised approximately \$340 for our school.
- Jacki who organised the cake stall at the Athletics Carnival, again raising approximately \$300.
- All the parents, carers and friends who donated delicious baked goods and time to help make the above events a success.



MORE VOLUNTEERS NEEDED! INTERSCHOOL ATHLETICS CARNIVAL – Friday 18th September

The P&C will be hosting the Interschool Athletics Carnival BBQ Fundraiser (thanks again to Jacki for coordinating this) and would love some parent helpers on the day. Please take a look at the post on our [Facebook page](#) and let us know your availability.

TERM 4 FUNDRAISING EVENTS:

LAPATHON – Friday 30th October

This year's Lapathon will be held on the Friday of Week 3, so save the date! Forms and more information will be sent home next week.

DISCO – Friday 4th December

This year the disco will be held during school hours. More information to come early in Term 4.



ENTERTAINMENT BOOKS ARE STILL FOR SALE

You can still buy a digital version of the Entertainment Book, with 20% of the fee going directly to our school. Find out more [here](#).

THE MUNCH ROOM CANTEEN - Wednesdays, Thursdays and Fridays

News:

- Students attending the Interschool Athletics Carnival will not be able to order lunch from the canteen on Friday (but don't forget there will be a BBQ Fundraiser available on the day).
- The canteen now has an EFTPOS machine!

Orders:

- Over the counter cash orders are welcome, however online orders are still preferred
- Orders can be placed online via www.quickcliq.com.au
- After lunch items like froyos, paddle pops and icy poles can be ordered online under "After lunch items"

Volunteers:

Amber would love to see some fresh faces from our school community help out in the canteen. Mums, Dads, Grandparents, carers – all welcome. No qualifications needed – just a can-do attitude and a smile on your face. Please reach out if you are free.

Please follow [The Munch Room on Facebook](#) and share the posts so everyone can keep up to date.

P&C NEWS Continued.....

GARDEN CLUB – Tuesdays after school

Thank you to all the families and friends who brought produce from the Garden Club stall at the Faction Athletics Carnival - we raised \$120!

Busy-bee this Friday, 18th September

Come and join the Garden Club and Fathering Project this Friday after school for some gardening fun! Now that we've sold all the produce we need to prepare the garden beds for our next batch of planting. The more the merrier!



SCHOOL BANKING ON A TUESDAY

Meet us outside Learning Block 1 from 8.10am with your weekly deposit and your Dollarmite passbook.

Once students have made ten deposits they earn a School Banking reward item in recognition of their regular savings habits.

School Banking is also a great fundraiser for our school, raising 5% on every deposit made through the school (to a maximum of \$10 per individual deposit).

How to Join?

To join our School Banking program, please open a bank account for your child with Commonwealth Bank (either online, or in a branch). Amber, our School Banking Coordinator, will then assign your child with a student number and you are ready to go!



COMMUNITY NEWS



ENROL FOR TERM 4



EMAIL US  

TANNERDANCEACADEMY@GMAIL.COM

WWW.TANNERDANCEACADEMY.COM

JAZZ
ACRO
BALLET
TAP
HIP HOP
LYRICAL

Looking for a fun,
fair, fundamental
& family friendly
summer sport
for the kids...



For Boys & Girls

Tee Ball
PP - Year 7
\$130

Joey Ball
Kindy
\$85 (8 wk season)

Games are played on Saturday mornings
@ Percy Doyle Reserve, Duncraig

We are a kidsport approved provider

REGISTER ONLINE

<https://wjtbc.org.au/>

For further information contact:
registrar@wjtbc.org.au

SPRING INTO NETBALL WITH JNA!



CONTACT OUR OFFICE FOR MORE TEAM REGISTRATION INFORMATION or TO FIND A TEAM TO PLAY FOR.
(08) 9301 4495

OUR CLUBS:

- Beumaris NC
 - Butler NC
 - Currumbine NC
 - Francis Jordan NC
 - Kinross NC
 - Lake Joondalup NC
 - Northern Raiders NC
 - Quinns NC
 - Saints NC
 - Steelers NC
- JNA also accepts independent teams.

JOONDALUP NETBALL ASSOCIATION SPRING NETBALL COMPETITION

Monday Nights 13 & Under, 17 & Under and Opens Divisions.

Tuesday Nights 7 & Under, 8 & Under, 9 & Under, 10 & Under (NET SET GO), 11 & Under and 12 & Under.

Season Commences Monday 12th of October.

BETTER HEALTH PROGRAM

Be fitter, healthier and happier!

The Better Health Program is a free 10-week healthy lifestyle program for 7-13 year old children who are above a healthy weight, and their families. The program is available face-to-face or online in selected areas throughout Australia.
Get in touch to find out if the program is available near you!



Online or face to face activity sessions and resources



Free fitness tracker*, freebie packs and rewards
*where devices only



One-on-one phone-based or face to face health coaching

To register or find out more:
1300 822 953
betterhealthprogram.org

Follow us on social media
Better Health Company
@betterhealthcompany

The Program is funded by government agencies through local councils.
Call the Better Health team on 1300 822 953 to find out if the program is available in your area.

WHITFORD JUNIOR FOOTBALL CLUB



WILD CATS

Come Try Day Pre Primary, Year 1 & 2 Girls



Saturday 19th of September 10.20am - 11.35am
MacDonald Reserve Padbury

RSVP - adam.brown@hippocketnetworkwear.com.au

WHITFORD JUNIOR FOOTBALL CLUB





behaviour tonics

Our Courses For Practical Parenting

- **123 Magic™ & Emotion Coaching** (parents of 2-12 year olds)
To help manage difficult behaviour in children, calmly and effectively. Learn how to use empathy so kids begin to identify their emotions and become better at managing them. This enables them to take more responsibility for their own behaviour.
Held over 3 x 2 hr sessions.
Tue 25th Aug, 1st & 8th Sept, 7-9pm Face to face course.
Wed 9th, 16th & 23rd Sept, 7 - 8.30pm Live webinar
- **Engaging Adolescents** (parents of 11-16 year olds)
Parenting skills for resolving teenage behaviour problems. Gives parents the knowledge and practical skills to assess adolescent behaviour and to engage in those 'tough conversations' when behaviour is a problem.
2 x 2hr sessions. Mon 19th, 26th Oct, 7 - 9pm
Live webinar and face to face.
- **No Scaredy Cats** (parents of 2-12 year olds)
Reducing anxiety and building resilience skills in 2-12 year old children.
Held over 3 x 90 min sessions.
Thurs 22nd, 29th Oct & 5th Nov, 7 - 8.30pm.
Live webinar and face to face.
- **Private consults and courses available.**

Register for a course at

<https://www.behaviourtonics.com.au/parents/parenting-courses/>

behaviourtonics.com.au
info@behaviourtonics.com.au
Ph: 9285 8100

Please report suspicious behaviour on the weekends or during school holidays!

Please Call:

1800 177 777 or 131 444



BIKE / SCOOTER SECURITY AND SAFETY

It is fantastic that so many of our families choose to walk or ride their bike/scooter to school. Although the bike racks are locked during the day, there are periods of time when they are open. We strongly advise families to add to the security by using a lock to secure their bikes and scooters to the railings.

Students need to walk their bicycles and scooters onto and off the school grounds. This is for the safety of both the pedestrians and the bicycle / scooter users. It is also apparent that some students aren't wearing a helmet. One of our expected behaviours at Craigie Heights is to wear a helmet when on a bike or a scooter. It's also recommended you lock up your bike or scooter!

